URSA MAJOR 1993

INTRO 1
PEOPLE 4
SPORTS 50
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A Decade of Change. These past ten years have been full of change. From the consolidation ten years ago of the Leavenworth and Peshastin/Dryden school districts to this year with the departure of the Junior High to the middle school and this becoming the new Cascade High School...
THE END OF THE BEGINNING

In the past four years alone we have gone through major changes, seven different principals and vice principals, and the aforementioned Junior High exodus. In the past ten years we have seen this area come from P-D and Leavenworth to unite into a single district, Cascade. Not in the more obvious areas as sports, but also in academics, and other in school and out of school activities. The beginning is over, we all look to the future with hope for everything from a better district down to every individual student doing better.

Cascade High School ten years ago.

Kodiak fans cheer their teams at a pep assembly.
We, the staff of the 1992-1993 yearbook would like to dedicate this years book to our advisor Mr. Simonson. He has taken a yearbook staff with little or no experience and managed to get it, and a newspaper off the ground, in the time of one class period a day. We would like to thank him for all the hard work he has put in. The book you are about to read would not be as good of quality if it wasn’t for him. So on behalf of everyone, thanks Mr. Simonson.

Cascade High School as it appears today.
STUDENT SECTION

JODIE FISHBOURNE DEBATING IN MR. STRoup'S CLASS. STEVE CRAIG COUNTERS JODIE'S POINT WHILE ADDIE POBST AND JESSICA RAILEY LOOK ON.

HARD AT WORK! FROM LEFT TO RIGHT: MATT STEWART, KRIS DROL, ADAM RASMUSSEN, AND TIM PLANAGAN.

JAKE DUFFY AND KYRIAL DREIS SHOW THEIR EXCITEMENT OVER THE NEW COUCHES.

SARAH MORGAN, ANNE FREEMAN, STEFANIE BERGREN, AND BECKY GRANSBURY. THE FOUR AMIGAS.
STUDENT LIFE

MS. BONNIE POWELL INFORMS JEREMY FORCE OF HER NEW TARDY PLAN.

JOHN AND MARY MILLER RELAX ON THE CARPETED AREA.

NATE RENBERG WALKS AWAY HAPPY AND CONTENT FROM THE FIRST CASCADE BBQ.

SOPHOMORE HAS TO RUSH TO KEEP HIS LUNCH.
IN GENERAL

A VERY EMBARRASSED STEFANIE BERGREN WAITS FOR A SHERIFF TO GIVE BACK HER CAR. UNSEEN IN THIS PICTURE, MR. SIMONSON SUGGESTS THAT THE OFFICER USE HIS NIGHTSTICK TO GAIN ENTRY.

MATTHEW MERRY SHOWS OFF HIS ART TOOLS TO THE CAMERA.

DEE AYERS, SARA PORT, CRAIG ACTON, AND JAN'L PETERSEN SHOW OFF THEIR NEW STYLE DURING "STRUCK BY LIGHTNING" DAY.

JEREMY FORCE AND BRIAN SPENCER ON THEIR WAY TO CLASS WHILE MICHAEL BOYD, JERRY VALENTINE, AND WILLIAM WARD DECIDE WHETHER OR NOT TO GO.
THE DJ UNLIMITED CREW. FROM LEFT TO RIGHT: COREY SCHOTT, MATT MERRY, AND SHANNON JELENIK.

GIMME AN "S", GIMME AN "E", GIMME AN "I", GIMME AN "O", GIMME AN "R". WHAT DOES THAT SPELL? "SENIOR!"
WHO WON THE POWDER PUFF GAME? "SENIORS!"

BRIAN SPENCER DECIDES TO SHOW THE CAMERA HIS NEW DANCE MOVE DURING ART CLASS.
JANIE McCauley prepares to tackle the wall at Natural Helpers Camp.

Josh Bohn prepares for the American Gladiators at Natural Helpers.

Cally Worrell makes a run for it.

Randi Ledbetter, Colleen Britton, Santos Vasquez, Jerri Wilks, Dayna Willson, Rachel Rieke, and Katie Boyd rely on each other.

The Natural Helpers Team.
Sara Head demonstrating her sucking ability.

Ray Haun, Ange Asselin, Jenny Whidmer

Tinille Petersen, Becca Darlington

Pedro Zepeda, Sarah Morgan, Brian Head, Anne Freeman, Mark Hegberg, Roselle Smith tryout the new couches

Nichole Orchutt

Kjersten Bolser, Jodie Fishbarne, Becky Cooch, Jan'l Petersen

Dean Barker, Holly Roberts, Katy Roberts, Stefanie Bergren, Jason Barnes, Jessie Johnson, Ron Ray relax on the new couches.
TRAVIS THOMPSON DOUNDS OUT THE HALLWAY SOUNDS.

AREN'T JASON AND STEFANIE CUTE?

NATE RENBERG AND JERRY VALENTINE PRETEND TO WORK ON THIS YEAR'S YEARBOOK.

STEVE CRAIG AND BRENT STOLTZ TRY TO CON TANYA BAIRD OUT OF AN OFF CAMPUS PASS.

TOVE PASKOWSKI AND JAMIE JOHNSON DREAM OF HAVING A SENIOR LOCKER ONE DAY.

MELISSA PORT, SHADEE BERGER, AND ADEL WILKES SING THEIR HEARTS OUT IN CHOIR.

BASKING IN THE SUN.

STEVE SHARPE AND JEFF LINDBERG CASUALLY MAKE THEIR WAY TO EDUCATIONAL OPPORTUNITIES.

CALLY WORRELL AND JAMIE VALENTINE CLOWN AROUND IN THE HALL.
Addie Pobst supports Mike Furlong during nap time.

Trina Gransbury and Erin McPhillips write off-campus notes during class.

Jenny Keene awaits her turn to pump some iron.

Stefanie “Beano” Bergren, Anne “Butch” Freeman, and Sarah “Beamer” Morgan show off their volleyball styles.

Eric Waunch and Jenny Widmer hang out during lunch.

Scott Folden shows off his 4-wheel drive expertise.
D'Wayne Darlington Videotapes the Debates in Mr. Stroup's Class.

Gina Cook and Kim Lord Discuss World Affairs.

Rebecca Darlington Leads Future Cascade Cheerleaders.

Tennis Courts are Prepared for Spring.

Steve Sharpe Sweeps His Way Out of Detention.
ADEL WILKS SHOWS HER STRENGTH.

TODD McDEVITT TAKES A MINUTE OFF.

IT'S DA BEAR PUMPING UP THE CROWD AT A GIRLS BASKETBALL GAME.

AVA GONZALES, MATT FRITZ, AND JAIME SARABIA RELAX AFTER A HARD DAY.

COURTNEY McPHILLIPS HAMS IT UP FOR THE CAMERA.
MIGUEL ROSARIO MAKES A FAST BREAK FOR THE BASKET.

BRIAN SPENCER AND JEREMY FORCE SHOW THEIR GREAT STUDY HABITS.

JORDEN VALENTE AND DIANNA BOESIGER HARD AT WORK IN THE OFFICE.

CAN YOU BELIEVE THIS GUY?

Tiffany Garza and K.C. Schiersch try to stuff Mark Hegberg into the couch at lunch.
Ari Aboladya
No guts no glory.

Craig Acton

Aaron Michael Anderson
Hey Jerry, did we start out with three wheels?

Ara Arakelian
... And Justice For All.

Dee M. Ayers
True beauty comes from within.

Sylvia Bandi
Life is uncertain, eat dessert first.
Dean Eric Barker

Ooooppss . . . Nuff said.

Jason Michael Barnes

It's been real, it's been fun, but it hasn't been real fun.

Bryan Beckley

Seduce the silver, charm the gold, and stack your dollars high.

Stefanie Jean Bergren

Never take to heart the opinions of people you don't respect. I love ya Anne and Sarah. No Anne, it's Iowa.

Dianna Cheryl Boesiger

Let's all have fun!

Kjersten Ann Bodner

'I play the notes as they are written . . . but it's God who makes the music.'

-J.S. Bach
Michael Huntington Boyd

Don't eat soap!

Christopher M. Britton

Life is the greatest thing, and while you have it, enjoy it to the fullest.

Michael G. Burlingame

Carla Cormona

Gina Michelle Cook

I may be weak, but I'm not as weak as Nate! Kim, Kim, and Aaron I love ya!

Steven Adam Craig

Everyday is a battle ground; for each day you take easily, you fall even further behind your competition.
D'wayne Darlington

El hombre propone y Dios dispone.

Amy Marie Erickson

Don't try to do so much in life, that you stop having fun with the simple things. Thanx guys!

Jodie Katherine Fishburne

Scott Folden

I could tell ya, but then I'd have to kill ya.

Anne Marie Freeman

A laugh is just like sunshine, it freshens all the day. Stef: Is this heaven?

Bryan J. Furman
Amber Lee Griffin
They always say that time changes things, but you actually have to change them yourself.

Patricia M. Guerrero
Life is fragile but never impossible to live, for our tomorrow. Let your gold dreams come true with your success.

Cheri Guthrie
The time to start living has just begun.

Ray Hahn
That's all folks.

Tonia Leann Hall
Music is heard with the ears and understood with the heart just as our friendship is with each other. Thanks guys!

Michael Brian Head
A life not tested is a life not lived.
Mark Lendon Hegberg
Crisis is a test and those who meet it and overcome it become stronger in the process.

Ian Dylan Helan
Remember I have been and always shall be your friend, live long and prosper. Oh yeah, gimme a "C"!

Amelia Christine Jones
You either make dust, or you eat dust.

Becky Louise Koch
Reach for your dreams daily, for everyday is a new adventure.

Kimberly Ann Lord
Gina that's not a star on that truck! Erin, Gina, Kim, I love you guys! Nate, what the hey!
Joanne E. Lorz
Success. It's not what you do, but how you do it.

Michael A. MacCheyne
First it starts, then it continues... and never ends, until the end.

Antonio Mata
Life is short, so just kick it! Peace.

Leticia Mata
Never bend your head, always hold it high, look the world straight in the face.

Joshua Michael Mathena
What makes Teflon stick to the pan?

Erin C. McPhillips
Little things in life count too. Thank you KL, CH, TC, for always being there for me. Love ya class of 93!

-Chuck-
John Michael Miller
To truly respect and care for
ones feelings, is an honest
offer of your love.

Staale Norman Moeller
There is no such thing as
bad weather, only bad
clothes.

Sarah Jo-Hannah Morgan
Never close your lips to
those to whom you have
opened your heart. I'll never
forget you and I love you
Anne, Stef, and Jessica.

Christina Lynn Noel
Never give up on what you
believe in. I'll miss you class
of '93.

Patrick Justin Oliver
If you don't know your past
then you don't know your fu-
ture.

Jan'l Peterson
Accept yourself as the
unique person that you are
without comparing yourself
to others.
Addie Jo Pobst
On a day such as today once was . . . MP

Sara J. Port
If there was no past, there would be no future.

Jessica Bailey
Overtip breakfast waiters.

Ronald Dean Ray
For my hair is my strength, don't even think of cutting it

Nathan David Renberg
That's Mr. Renberg to you.

K.C. Schierch
Steven Spies

People rarely succeed at anything unless they have fun doing it.

Brent Alan Stoltz

Anna Mae Valaik

Learn from the mistakes of others. There is not enough time to learn from your own.

Jerry Robert Valentine

Cheaters never prosper, unless you're good of course.

Derek C. Waggy

Pain is temporary, but the glory of victory is eternal. BH

William Case Ward

Don't get caught.
Todd S. Warmen

Game over.

Kimberly Kay Whaley

Gina and Kim thanks for all the memories, I'll never forget my Robo friends.

Abel Wilks

Take not advantage of what you have, for you might lose it before you have it.

Derek Bradley Wilson

Time is the most precious commodity for if you don't use it today, you can not use it tomorrow.

John K. Widmer

In order to achieve anything, you must first believe.
Maile Grace Woodin

It is only with the heart that one can see rightly; that which is essential is invisible to the eye.

Pedro S. Zepeda

Life is short play hard.

Craig Acton and Jan'l Peterson all decked out for Prom.

Chris Britton and Becky Koch look like they know something we don't.

Aaron Anderson and Gina Cook smile for one final pose before dinner.

Jason Barnes and Stefanie Bergren rise and shine for retakes.
Many things have changed since we entered high school as lowly freshmen three short years ago. We have seen changes in everything from faces in the hallway to members of the staff. We have endured three different principals in our four years, and with each disproving a foolproof disciplinary system. But probably the biggest change we witnessed came the summer before our Senior year with the construction of the new Icicle River Junior High School. Grades five through eight were moved into the new junior high, which created a lot more space for high school staff and students. But more importantly, we were no longer a junior/senior high school. 1992/93 was the first year of Cascade High School. That in itself laid the way for a unforgettable Senior year.

Although our Senior year had just gotten underway when this was written, a lot had already happened. Our girls soccer team, in its first year at Cascade, went 6-5-1 including 4 wins over Cashmere. The football team finished with a record of 6-3, the best in school history. We won Homecoming week in a convincing fashion. During that same week, the Senior Girls defeated the juniors in the powder puff football game.

These were a few highlights of our year so far. Of course we expected greater things on the way, as it was early in the year, and we were just getting warmed up.

But as our Senior year has to eventually come to a close, the reign of the Class of '93 will end. But hopefully, the leadership and dominance that we have shown in and out of school will be carried on by future classes.
Jason's feminine side shines through.

Dee, Sara, Craig, and Jan'l live on the wild side for one day.

Seniors gather around after their Powder Puff victory over the juniors.

Amy and Anna appalled at the homework assignment in Advanced English.

Jessica, Sarah, and Addie all working on their own Contemporary World Problems.
We’re too sexy for the juniors.

Bryan, Mike, William, and Derek all debating if Ronnie’s hair is real.

Antonio, K.C., Derek, and Ara are all amazed at what great chefs Mr. Johnson and Mr. Keim are.

Stefanie, Anne, and Sarah showing off their briefs.

Senior guys enjoying another scrumptious lunch in the cafeteria.
Most Athletic
Gina Cook & Nate Renberg

Shortest / Tallest
Erin McPhillips & William Ward

Most Charming
Sarah Morgan & Pedro Zepeda

Biggest Mouth
Chris Noel & Jason Barnes

Most Spirited
Tonia Hall & Ian Irelan

Nicest Eyes
Kim Lord & John Widmer

Most Likely to Succeed
Anne Freeman & Steve Craig

Funniest
Stefanie Bergren & Bryan Beckley

Best Dressed: Amy Jones & Antonio Mata
Teacher's Pest: Jodie Fishburne & Ray Hahn
 Biggest Flirt: Anna Valask & Brent Stoltz
Jr. Class Officers

From left to right: President Mary Miller, Secretary Dayna Willson, Vice President Rachel Rieke, and Treasurer Corey Schott.

As juniors they have organized Prom, helped set up our Autumn Leaf booth, and have been there to listen to our suggestions.

Each officer has done their best to improve and make our class better.

Thanks guys!

Steve Lucas
Nicole Maninger
Jared Marcellus
Raoul Mata
Johnny Matkins

Jane McCauley
Brock McMahon
Mathew Merry
Kyle Meyer
Mary Miller

B.T. Parton
Troy Plugrath
Kari Phillips
Brandon Picard
Sommer Planagan

Michael Pripich
Tammie Riblett
Rachel Rieke
Holly Roberts
Jillana Sanger
YWY Participants

Back row left to right: Dayna Wilson, Mary Miller.
Front row: Roselle Smith, and Monikah Lemons.
Not pictured: Paddy Blessing and Kari Phillips.

One of these young women will win Cascade's Young Women of the Year. She will go on to be in parades such as Autumn Leaf and Apple Blossom. She will compete in state compition next year and try to grasp the state title.
What the ... hey dude, look at this!

Brock lounging at lunch.

Sommer at her day job.

Otis studying? A rare sight.

Paddy looking as beautiful as ever.

Our wonderful reader board woman, Danielle Hamilton.
Kurt Acton
Angela Asselin
Jason Averill
Erica Bazan
Joshua Bohn

Kelly Bolser
Hunter Bried
Colleen Britton
Wende Clark
Kate Clayton

Melissa Cole
Douglas Craig
Jessica Crutchfield
Rebecca Darlington
Traci Dodge

Audra Ellington
Adam Erickson
Jeremy Force
Amanda Fritz
Brett Fromm

Joshua Gibbs
Brendan Goehner
Rebecca Gransbury
Justin Gunderson
Debbie Hassinger

Sarah Head
Marcy Hegberg
Jaime Henderson
Hilda Horrer
Moriah Hoper

38 • Individuals
In Memory Of....

Many of us did not get the chance to know Kirk Gifford. He came to Cascade High School as a sophomore from Ellensburg. As a new student he adapted quickly and made many new friends. Those friends that got the chance to know Kirk will never forget him. His memories will remain in our hearts forever.
Taylor Morrison
Jeremy Munson
Angela Netzel
Michelle Nelson
Kristy Nickerson

Lindsay O'Brien
Leon Obi
Jesse Olson
Nikole Orcutt
Jenny Peek

Tinille Peterson
Scott Fratschner
Michael Raggio
Jessica Reed
Angela Reinhart

Sarah Reister
Katy Roberts
Brise Roby
Heather Rohrbach
Malena Rutherford

Lorenzo Sanchez
Aaron Schmidt
Jessica Schons
Lance Schott
Chris Searles

Stephen Sharpe
Brian Spencer-Avellar
Zanee Stegman
Heather Stettner
Laura Stirling

40 • Individuals
Sophomore Spirit

Sophomore class President, Katy Roberts, and Vice President, Becky Gransbury show some of their class spirit at a home football game.

Jennifer Tanner
Tricia Terhaar
Jordan Valente
Sarah Valentine
Jamie Vinyard

Zachary Weins
Jamie Welch
Suzanne Wendlandt
Jenny Widmer
Adel Wilks

Kelly Wilman
Sean Willson
Matthew Yahyowen
Olga Yomeg
Ian Adams
Katrina Alcantar
Brian Anderson
Lance Ballew
Angela Barnes

Chris Barnhart
Jason Bender
Kimberly Berger
Jacquelyn Bishop
Kevin Boesiger

Katie Boyd
Salvador Bravo
Lyndy Burgess
Antonieta Canales
Ben Clayton

Jenny Cowles
Scott Darling
Keith Davenport
Kris Drolc
Malia Duffy

Chad Erickson
Jennifer Fender
Jarrod Fenner
Matthew Flack
Nathan Florea

Erica Freese
Todd Furman
Rebecca Geske
Artemio Gonzalez
Forrest Griek

42 • Individuals
Freshman at Tolo

Here are some freshman girls living it up at their first tolo. By looks of this freshman group of girls I’m sure you’ll see alot of them in the future. They are looking pretty sweet in those boxers, and what happened to Jamie? Terry must have said something awfully funny.

Manuel Guerrero
Ryan Hansen
Kirsten Helseth
Brad Hendrickson
Ester Herrera

Jerome Hudson
Jamie Johnson
Zackery Kinnear
Dale Klein
Nathan Knight

Brian Koch
Kristopher Lahd
Kortney Langston
Matthew Lee
Patricia Lopez

Dan Lucas
Caitlin Lynch
Jenny Marcellus
David Martin
Josiah McCracken
Nathaniel McKinney
Hector Mendez
Emrys Miller
George Miller
Eric Moore

Robin Moore
Emile Moreshead
Amy Murray
Aviva Nelson
Erica Nelson

Sean O'Connor
Tom Old
Shelea Oster
Tove Pashkowsk
Rose Phillips

Brian Picchi
Pat Piestrup
Tim Planagan
Jonathan Pobst
Melissa Port

Nolita Price
Adam Rasussen
David Rieve
Steve Roche
Jair Rosario

Miguel Rosario
Casey Sanger
Brisa Sarabia
Nathan Shons
Wendy Siemion

44 • Individuals
Scott Smallwood
Adria Smith
Cameron Smith
Joel Solem
Jason Steele

Brad Stewart
Tommy Stoddard
Sadie Stawn
Travis Tompson
Roberto Tovar

Jamie Valentine
Mike Wall
Thad Warmen
Barry Warren
Donica Watson

Jessica Weger
Scott West
Jamie Wiley
Michael Wilks
Cally Worrell

Amber Zimmerman
Support Staff

SUPERINTENDENT: DR. MARI-LYNN BAKER

SCHOOL BOARD MEMBERS (L TO R) WERNER JENSEN, CONNIE McCauley, KENT MULLIX, BYRCE TOWNLEY

V. PRINCIPAL MR. JEFF JOHNSON. PRINCIPAL MR. BILL KEIM

(L TO R) MS. WILKE, MRS. WENDLANDT, MS. CHRISTIAN

TERRI BUTLER

(L TO R) SHARON WATERS, SANDY CECKA
DARRELL PLOUFF-
ENGLISH 10,
HUMANITIES, SPEECH/ MASS MEDIA

KATHY DEFAZIO-FRESHMEN BLOCK, WORLD LIT

COLLEEN OBERG-
RESOURCE

ANDREW UECKERT- BAND

GARY COWLES- BUSINESS

ROB ROSENAU- AGRICULTURE

DENISE BUTLER-
PARAPROFESSIONAL
BONNIE POWELL - ART

KENT JOHNSON - BIOLOGY II, CHEMISTRY, FAST II, AND PRE-ALGEBRA.

KURT McKEY - CHOIR

JIM FURMAN - ALGEBRA I & II, GEOMETRY, AND PRE-CALCULUS.

CAROLYN BARNES - LIBRARY

MARLA DISHER, ANNETTE CREECH, AND BUNNIE BAIRD - FOOD SERVICE.

GARY BRUNELLE - FRENCH, ENGLISH 9, AND ATHLETIC DIRECTOR.
Kodiaks Playing Their Favorite Sports

T. Parton runs a quarterback keeper with lead blocker David Witt out in front.

Cascade volleyball players go for the block during a match.

Terrence McIver explodes by a defender to make a powerful drive to the hoop.

Summer Planagan goes after the ball during a soccer game.

The juniors run a play against the seniors during the powder puff football game.
Winter Cheerleaders

DEE AYERS

PADDY BLESSING

TONIA HALL

AUDRA ELLINGTON

REBECCA DARLINGTON

TINILLE PETERSON

COLLEEN BRITTON
As a team there were several highlights. They won 4 games in a row, came from behind for a victory, pushed Ephrata to the limit, and won 6 games on the season. These things had never been done before.

As the season went on this team got better. Their execution, preparation and condition became much better with each game.

The last 2 games they played were evident of their ability and determination. They played Ephrata tough, coming closer than anyone ever had to breaking their 62 game league winning streak with the Tigers scoring in the last 1:30 to win the game. They then went to Royal City and beat them 27 - 6 to knock them from the unbeaten ranks.
This year's Seniors was a special group. None of them really had record breaking stats, but together they formed a potentially dangerous unit. They led by example on the field, and in the weight room. Although there were some key underclassmen players on this year's squad, the team was led behind the Senior dominated line. These Seniors set a standard of hard work and dedication, and started a winning tradition to be carried on in the future.

Senior guys . . . front row L to R: Aaron Anderson, Derek Wady, Nate Renberg, Michael Boyd. Back row L to R: Chris Britton, David Witt, Todd Warman, Jason Barnes, Jerry Valentine.

Senior running back Aaron Anderson sprints around the right end looking to gain more yardage, or the end zone.

Senior linemen Chris Britton leaves the field following a tough contest.

Jason Barnes runs a Z criss cross against Ephrata, but it wasn't enough to take the victory.
Individual Honors:
Team Captain - Derek Wagy
Most Inspirational - Todd Warman
Most Improved - Nate Renberg
Coaches Award - Michael Boyd
All-League-Offense
1st Team Line - Derek Wagy
1st Team RB - Brock McMahon
2nd Team Line - Josh Koempel
Honorable Mention RB - Jason Barnes
All-League-Defense
1st Team DB - B.T. Parton
2nd Team Line - Todd Warman
2nd Team Linebacker - Jason Barnes

Quarterback B.T. Parton rolls out looking for a Cascade receiver . . .

Junior running back Brock McMahon punishes a would-be Quincy tackler, while Senior Nate Renberg looks on.

Senior running back Nate Renberg fires up his jets to run a sweep, while linemen Derek Wagy and Josh Koempel block.

Season Highlights

At Omak, Nate Renberg had a 57 yard touchdown run. At home against Okanogan, the team rallied from an 8-0 fourth quarter deficit to win 12-8. Homecoming against Tonasket, Jason Barnes ran 3 times for 3 touchdowns and 110 yards to help lead Cascade to a 38-14 victory. At Lake Roosevelt, Brock McMahon rushed for 161 yards while Jason Barnes lead the defense with 22 tackles. At Chelan, Rick Kriegel ran for 81 yards on 4 carries. Brock McMahon set a new single season rushing record of 1,122 yards. Jason Barnes also set a record with 31 unassisted tackles on the season.
J.V. and C SQUAD

Suzi Wendlandt spikes off of Jenny Peek's set

Sitting: Laura Stirling. 1st row L to R: Kirsten Helseth, Jenny Peek, Jennifer Tanner, Coach Heidi Monroe. 2nd row: Sara Head, Kelly Bolser. 3rd row: Becky Gransbury, Suzi Wendlandt, Roselle Smith.

Kirsten Helseth returns the ball as teammates look on

This year was a building year for the volleyball team. They grew a lot as a team and showed a lot of improvement as the season progressed. Their last home game against Quincy was typical of the determination and "never say die" attitude that this team lived by all season. The girls beat Quincy in 5 games. The team may not have won many games, but they had a lot of pride. The Seniors helped lead the way for returning lettermen to have successful seasons in the future.

1st row L to R: Sarah Morgan, Stefanie Bergren, Anne Freeman. 2nd row: Holly Roberts, Katy Roberts, Trina Gransbury, Danielle Hamilton, Nicole Maninger, Mary Miller, Randy Ledbeter, Coach Laura Clifton.

Senior Stefanie Bergren along with Juniors Danielle Hamilton, and Holly Roberts anxiously await the serve.

Holly prepares to set it, while Stefanie is looking for her parents in the crowd.
Senior Sarah Morgan tips the ball over the net while her teammates look on.

Stefanie Bergren attempts to serve the volleyball.

Sophomore Katy Roberts looks amazed.

Senior Anne Freeman digs deep for a save.

Trina Gransbury spikes the ball, while Junior Mary Miller cheers her on.
Cross Country

Junior, Rachel Rieke had a very successful season. She had several victories, at Eastmont, Cle Elum, Cashmere, and Omak invitationals. She finished her season at the state cross country meet at Pasco, placing thirty-second.

Sophomore, Brett Fromm had a great season in cross country, finishing ninth at Ephrata and twelfth at districts.

Freshman, Emilie Moreshead had a very productive year in cross country, her best efforts are placing second at Cashmere and twentieth at districts.

This year’s Seniors were a special group. With the acception of Jason Barnes no Senior had any record breaking statistics, but together they formed a potentially dangerous unit. These Seniors led by example on the field, and in the weight room. Although there were some key underclassmen players on this year’s squad, the team was led behind the Senior dominated line. These Seniors set a higher standard of hard work and dedication, and continued a winning tradition at Cascade.

Rachel Rieke and Brett Fromm practice hard to be the best they can be.

Brett Fromm shows his stuff placing twelfth at districts.

Emilie Moreshead smiles for the camera.
Cascade


For a first year soccer team at Cascade, the team had a successful year. They surprised a lot of people and schools along the way. Expectations were a little low going into the first game of the season with league powerhouse Ephrata. Although Ephrata won the game, the team surprised them and their fans by playing a very tough game. Over the course of the season they played 4 different games with Cashmere, winning all 4 contests. At the end of the season, the team was invited to a postseason tournament in Bellevue. They were eliminated in their first game by Sultan, the #1 team in their division, by a score of 2 - 1. That consequently ended their season with a record of 6 wins, 5 losses, and 1 tie.
Junior Sommer Planagan leaps high to steal the ball.

Juniors Janie McCauley and Tracy Stoddard head up the field dodging opponents along the way.

Junior Blossom Thompson sacrifices her body for the team.

Freshman Tova Pashkowski kicks right past a Cashmere player while Lyndy Burgess looks on.

Freshman Katie Boyd battles it out with the opposite team.
Eric Waunch spends his weekends motorcross racing. Remember Eric, whatever goes up, must come down.

Otis Childers and Jaime Sarabia practice their hacky-sack techniques.

Jason Barnes hunting for trophy sized ruckle deer but comes up short in the ocone and Crocket records.

Forrest Grieck says, “Catch me if you can!” He qualified for the Junior Olympics in Cross Country Skiing.

Activities outside of school are an important part of many people’s lives. Though school provides numerous and various activities, not all people can participate in their favorite activity. Hiking, skiing, rockclimbing, hunting, and motorcross top many people’s list of outdoor activities, while artistic endeavors intrigue many as well. People often find their talent in diverse areas, but to really excel, you must love your activity and push yourself to new heights.

Matt Merry displays his carving inside an antler. Matt spent many hours perfecting his artwork.
LADIES KODIAK BASKETBALL

BACK ROW FROM LEFT TO RIGHT, RAINA RICHARDS, EMILIE MORESHEAD, DANIELLE HAMILTON, JANIE MCCAULEY, KIM WHALEY, GINA COOK, KIM LORD, RACHEL RIEKE, MEGAN HALEY, STEFANIE BERGREN, BECKY KOCH, LYNDY BURGESS

RAINNA WORKS FOR A SHOT.

GINA COOK LEADS THE FAST BREAK ON THIS PLAY.

KIM WHALEY ELUDES DEFENDERS AND MAKES A STRONG MOVE TO THE HOOP.

DANIELLE SHOOTS A CRUCIAL FREE THROW AT CASHMERE.
REACHING FOR THE STARS...

STEFANIE BERGREN RISES UP FOR A SHOT.

BECKY KOCH GOES UP FOR A QUICK TWO

RACHEL RIEKE’S STELLER DEFENCE SURPRISES HER OPPONENT.

LYNDY BURGESS ELUDES DEFENDERS TO GET OFF THIS SHOT.
Kodiak Girls JV and C Squad

Back row from left to right: Janie McCauley, Laura Sterling, Lyndy Burgess, Emilie Moreshead, Megan Haley, Randi Ledbetter. Front row left to right: Dayna Willson, Kari Phillips, Becky Geske, Sommer Planagan, Jamie Vineyard.

Emilie Moreshead drives to the hoop for two.


Angie Barnes shoots for two while Dayna Willson rebounds.
J.V. And C Squad Boys Basketball

Back row, left to right: Coach Jim Furman, Brian Spencer-Avellar, Troy Pflugrath, Terrance McIver, Taylor Morrison, Brandon Goehner. Bottom row: Jason Lang, Carl Schimpf, Lorenzo Sanchez, Aaron Schmidt.

Left: Brandon Goehner shows his open court skills. Right: Lance Ballew shooting against Cashmere late in the season.

Back row, left to right: Barry Warren, Brian Anderson, David Rieve, Chris Drolc, Casey Sanger, Courtney Langston, Coach Mark Shram, Lance Ballew, Pat Piestrup, Keith Davenport.
Boys Varsity Basketball

Back row, left to right; Seth Hazen, Mike Burlingame, Brian Furman, William Ward, B.T. Parton, Brock McMahon, Nate Renberg. Front row; D'wayne Darlington, Todd McDevitt, Coach Pat Fromm, Ryan Hanson, Jeremy Force.

Brock outleaps a taller opponent for a rebound as B.T., Seth, and Ryan stand ready for a tip.

Brock drives past a Cashmere opponent for the lay-in while senior Nate Renberg waits ready for the rebound.
Senior Nate Renberg drives past a Cashmere press in hopes for two points.

Junior Seth Hazen puts it up for two in a losing attempt against Cashmere.

Above: Freshman Ryan Hanson shows off his open court skills. Left: B.T.’s hypnotized by Master Nate’s spectacular form. Right: Ryan goes up in hope for two in a losing effort against Cashmere.

The guys put in a lot of hard work to make it to districts. But when they finally got there it was disappointing. Losing by only two points against Quincy and twelve against Cashmere, they didn’t quite make it.

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B.T. rises up over an opponent to shoot his high percentage jumper.

State Competitors

Junior Eric Waunch is just inches away from another pin. Eric placed 1st at Districts and 4th at Regionals, which earned him a trip to State.

Junior Collin Smith is going after his opponent. Collins' qualification at Districts earned him a spot at Regionals, where he placed 4th, and then went on to State.
Senior Brent Stoltz cradles an opponent.

Sophomore Woody Gibbs pulls a reversal on his man.

Freshman Steve Roche prepares to pin an opponent.

Cascade

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Freshman Cameron Smith, who placed fourth at districts, is riding his opponent.

Senior Ray Hahn with a takedown.

Freshman Brian Koch, who placed fourth at districts, has his man in a hold.
Hacky sack seems to be a favorite pastime for Otis Childers. Jaime Sarabia looks a little confused and Addie Pobst wants to get in on the action.

The Select Choir has been excellent this year and with the help of new choir instructor, Mr. McKee, they are getting even better.

Steve (Chef Boyardee) Sharpe, looks to cooking up some sort of mischief, in the play Alice In Wonderland performed by Cascades Drama Club. Others pictured: Addie Pobst, Kate Clayton and Jessica Crutchfield.

The girls are looking quite amused as they watch the guys try and hit the right note.
The Cascade Choral Society Council for the 1992-93 school year included: Kjersten Bolser - President; Becky Koch - Treasurer; Shannon Jelenek - Stage Manager; and section leaders: Jan'l Petersen, Tinille Petersen, Brett Fromm, Brock McMahon, Kelly Bolser, Becky Geske, and Kurt Acton.

The Choral Society performed a fall concert, an "Around the World" choral sing, a contest Literature concert and coffeehouse, a major production w/lighting, costuming, and choreography featuring Broadway showtunes.
Select Choir shows off their great singing form.

Cascade Select Choir entertains crowd at concert.

Select Choir sings from on top of the stairs in the commons.

Mr. McKee shows his "surfing dude" form in class.
Hello. My name is Tonia Hall. I am Band President and one of the six band members that have been in band since the first year band was started in the sixth grade year. The other five members are Ara Arakelian, Brent Stoltz, Amy Erickson, Ian Irelan, and William Ward. This year, the band had two separate classes; a percussion class and the instrumental class. We have greatly increased in our learning skills this year by enabling us to learn music without the abilities of the other group and allowing the band members to actually hear what the music sounds like without the percussion or the instruments. I feel it is a very good concept to be working with here at Cascade. I hope it continues.

Percussionists from left to right: Zach Kinnear, Terrence Molver, Ara Arakelian, Joel Solem, Emi- lie Moreshead, and Jamie Valentine.
Striving For Excellence

Our concert band awaits to play in Mattawa at Waluke High School.

Cascade Pep Band performs at a Boy's Basketball game.

At right: Cascade Pep Band poses for a group picture.

Below: EWU and Cascade students get organized to play together in part of their learning experience.

Some band members rest up before a big rehearsal with EWU band students.
HONOR SOCIETY

FRONT ROW LEFT TO RIGHT: MS. BONNIE POWELL, BRIAN SPENCER, BRENDAN GOEHNER, JEREMY FORCE, TODD MCDEVITT, MATTHEW MERRY, JANIE MCCAULY, RACHEL RIEKE, KJERSTEN BOLSER, AUDRA ELLINGTON, JODIE FISHBURN. SECOND ROW: DANIELLE HAMILTON, MARK HEGBERG, JESSE OLSON, BRETT FROMM, ADAM ERICKSON, LARA MOORE, DAYNA WILLSON, JENNY BANGSUND, ZACHARY WEINS, AARON MCCONNELL., THIRD ROW: MEGAN HALEY, DEREK WILLSON, MAILE WOODIN, ADDIE POBST, BEN STANTON, SHANNON JELNEK. FOURTH ROW: KELLY BOLSER, KATE CLAYTON, JENNY PEEK, HEATHER STETTNER, JESSICA RALEY, CHERI GUTHRIE, BRENT STOLTZ, WILLIAM WARD, MARLISA WALDEN, DOUG CRAIG, SANTOS VASQUEZ, KIRK ISING. FIFTH ROW: AARON SCHMIDT, ARA ARAKELIAN, NATE RENBERG, ANNE FREEMAN, STEPHANIE BERGREN, ANNA VALASKE, STEVEN CRAIG, BRIAN HEAD, JAN'L PETERSEN.

BACK ROW FROM LEFT TO RIGHT:
MR. COWLES,
KATE CLAYTON,
LAURA STERLING,
AND JENNY PEEK.
FRONT ROW: ABEL WILKES, TONIA HALL, AND JANIE McCAULEY.

Leadership Club

Top, left to right: Katie Boyd, Cally Worrell, Rachel Rieke, Janie McCauley, Jeff Lindberg, Scott Smallwood, Erin Vaughn, Malia Duffy, Wendy Siemion, Tove Pashkowski, Jamie Valentine, Joanne Lorz, Cami Leonard, Tricia Terhaar, Kelly Bolser, Marilisa Walden, Marcy Hegberg, Laura Sterling, Nikole Orcutt, Brian Head, Ian Ireland, Mike Boyd, Doug Craig, Nicole Maninger, Dee Ayers, Amanda Fritz, Heather Rohrbach, Pedro Zepeda, Marc Hegburg, Becky Gransbury, Steve Craig, Brent Stoltz, Roselle Smith, Megan Haley, Chris Britton, Becky Koch, Jared Marcellus, Sarah Head, Kjersten Bolser, Anne Freeman, Laura O'Haver, Bill Kiem, Jeff Johnson, Steve Simonson, Sharron Waters, Cheryl Couchee, Nancy Stallins
ART CLUB


PEP CLUB OFFICERS

Pep Club Officers left to right: Secretary Heather Rohrbach, Treasurer Tonia Hall, Advisor Mr. Robert Stroup, Vice President Anna Valaske, President Jodie Fishbure.
A.S.B. officers from left to right; Anne Freeman, Daniel Hamilton, Nick McMillan, Holly Roberts, Sara Head, and Megan Haley.

The A.S.B. here at Cascade has worked hard to get the students involved in new activities. They have put on many fund raisers to raise money for such things as matching couches, exciting activities and food drives for the less fortunate. But most of all the A.S.B. wanted to make this a very memorable year for everyone and their efforts have been a great success.

Student Council members deep in the thought process.
The Mock Turtle, Jenny Keene, tells Alice, Addie Pobst, her life story, while the Gryphon, Sylvia Bandi, looks on.

Alice, Addie Pobst, tries to escape from Guard, Michael Furlong, and the White Rabbit, Ian Irelan, while Cheesy, Jessica Crutchfield, gives Alice advice.

Ian Irelan, the White Rabbit, announces the trial begins, to The Dutchess, Kate Clayton, and the Mock Turtle, Jennie Keene.

The 1992-93 Actors Guild was small in number, but large in heart. Our first production “Alice in Wonderland” was a success. Under the student direction of Shannon Jelenek, with help from vice president Addie Pobst and secretary/treasurer Ian Irelan, they produced the play all on their own. As this is written they are still in the stages of finding a large production for the spring. The Actors Guild would like to thank all of you who supported us this year.
GOES TO WONDERLAND

THE KING AND QUEEN OF HEARTS JAMIE VALENTINE AND SADIE STRAWN, PASS JUDGEMENT ON ALICE, ADDIE POBST, WHILE SOLDIER, MIKE FURLONG, LOOKS ON.

THE MARCH HARE, AARON MCCONNELL, THE DOOR MOUSE, KELLY BOLSER, THE MAD HATTER, MATT MERRY, AND ADDIE POBST WAIT FOR THE QUEEN OF HEARTS.

THE JURY: CATIPILAR, JAMIE WILEY, DUCHESS, KATE CLAYTON, GRIFFIN, SYLVIA BANDI, THE MOCK TURTLE, JENNIE KEENE, AND HUMPTY DUMPTY, ADRIA SMITH.

THE CAST OF ALICE IN WONDERLAND BOWS FOR A GREATFUL AUDIENCE.

DRAMA OFFICERS: JESSICA CRUTCHFIELD, ADDIE POBST, SHANNON JELENEK, AND IAN IRELAND.
Set the Knight

Hey Jason, is that butter?  
No Stef, it's imperial!  
Duh DUT, DUT DAA!

The crowd is eagerly waiting to see who the new King and Queen are.

Scott and Angela are surprised by Bryan's behavior at prom.

Vanna White (Jess Raley) shows off the grand prize.
to Music

JESSICA IS AMAZED THAT PEOPLE ARE ACTUALLY DANCING.

PEDRO AND SARAH GET A LITTLE CLOSER. HOPE YOU BROUGHT YOU'RE ARID EXTRA DRY.

B.T. IS BAFFLED THINKING OF HOW MUCH MONEY HE SPENT ON SARA TONIGHT.

WILLIAM WARD AND JAMIE JOHNSON WALK DOWN THE YELLOW BRICK ROAD.

The 1993 Cascade Kodiak baseball team had a successful regular season this year with a 14 and 6 record with a 5 and 3 league record. Highlights of the season include a 1 to 0 victory in the bottom of ninth over the Omak Pioneers while scouts from seven major league teams watched and going 2 and 1 in the Quincy tournament. The season ended in sub-districts with a loss to the Okanagen Bulldogs. The team captain was B.T. Parton, Most Inspirational D'Wayne Darlington, Coach's Award Todd McDevitt, and a four year letter award to Ian Irelan.
B.T. Parton unleashing one of his hurling fast balls.

Brendan Goehner runs down a catch in left field.

Coach Willman trying to decide who's going in the line up.

D'wayne Darlington rounding third as Coach Willman holding him up.

The Junior Varsity Baseball team had a 5 win and 6 loss season. They began the year with a win over Brewster (14-3), then suffered three losses in a row to Ellensburg (11-4; 12-5) and Cashmere (6-5). The game with Lake Roosevelt was called because of rain but our team was leading 5-1. The team then lost to Omak (16-3) and to Ephrata (14-1). As we finished league play the team was victorious over Chelan (27-9) and over Tonasket (10-0). Unfortunately the season ended with a loss to Wenatchee C Squad (20-5). The league record was 4-3.

Ryan Hansen prepares to tee off against a J.V. pitcher.
THE CLASS OF 1993

Steven Craig, Valedictorian speaks to his classmates about success.

Goodbyes

Goodbyes are never easy to say, but Cascade's Class of 1993 made it through one important goodbye on June 5, 1993. The graduation ceremony was the climax of a special year that each senior was a part of. The class had many honors bestowed on them that evening, not the least of which was over $80,000 worth of scholarships presented to deserving students. Recalling fond memories was a meaningful portion of graduation. The slide show, presented by Terry Loss, reminded the students and the audience of the many fun times shared by the Class of 1993. The theme shared by the class speakers was the value of success, and the keynote speaker, Mr. Steve Simonson, spoke of inspiration to his now-graduating students. As Anne Freeman, Salutatorian, mentioned emotionally, this truly was the "end of the beginning."

Anne Freeman, Salutatorian, speaks to her classmates about fond memories that they have shared.

Steven Spies anticipates receiving his diploma from board member, Werner Jansen.
THE END OF THE BEGINNING

As hats go flying, the Class of 1993 celebrates their graduation.

Raina Richards, Amy Erickson, and Joanne Lorz walk proudly to the stage for the graduation ceremony.

Patrick Oliver is enjoying the graduating portion of the ceremony.
Tennis 1993

Back row left to right: Mr. Bailey, Aaron Schmidt, Tor Old, Jesse Olsen, Josh Bohn, Scott Pratschner, Terrence McIver, Seth Hazen, Brent Stoltz, Kris Lahd, Todd Furman, Nick McMillan, Doug Craig Jeremy Force, and Mr. Furman
Front row Left to Right: Becky Koch, Joanne Lorz, Marlisa Walden, Jamie Johnson, Mandi Fritz, Heather Rohrbach, Mary Miller, Anne Freeman, Donica Watson, Jennifer Fender, Kirsten Heltsef, Amber Zimmerman, Janie McCauley, Briee Roby

'93
Brent Stoltz puts everything into this serve while defeating an unworthy opponent.

The 1993 tennis team had a very successful year with the girls going 4-4 and the boys going 8-0 in league play. The boys team won the District tournament. Kris Lahn and Terrence McIver took first place, Seth Hazen and Brent Stoltz got fourth in doubles, and in singles Jeremy Force got third place. For the girls doubles Becky Koch and Janie McCauley took second place in the district tournament. The tennis team also did very well at the state tournament. The boys team got first in state overall. Kris and Terrence placed third, Jeremy placed sixth, and Seth and Brent won a match before being eliminated. Becky and Janie placed seventh at the state tournament for the girls team.
Mary Miller goes for a crucial volley.

Anne Freeman concentrates on a tough shot.

Terrence McIver hits a powerful serve for the boys tennis team.
KODIAK


Sarah Morgen goes for the tag. Pitcher, Katy Roberts delivers the pitch.

This year's softball team had an overall record of 8 wins and 14 losses. They lost in the first round of districts by a score of 9-4 against Omak.

The most memorable moment was defeating Chelan twice to force a playoff for district. We then beat Chelan to get into district.

The team captain was Holly Roberts, most inspirational was Blossom Thompson and the most improved was Daneille Hamilton.

Kelly Willman and Jessie Johnson fight over the ball.

Sara Port, putting a little extra energy at the end and driving for the ribbon.

Raina Richards flies high over the bar.
Cascade Track and Field 1993

This year's track season started out knee deep in snow and slush. Fortunately, after two weeks of practice, we were still knee deep in snow and slush! The spirit and enthusiasm of the athletes was tested early. The athletes displayed a positive attitude as not a discouraging whine, moan or complaint was heard by the coaches.

We had a total of 30 athletes out for track this year. This was double the turnout of previous years. We has the youngest and most inexperienced team ever, but they made great strides as the progressed through the season. The girls performed at a top level throughout the year. They won the Ritzville Invitational, took second in the CTL and third at District. The capper for the season was a third place finish at the State Track Meet. All four girls who participated took home a first place medal. Rachel Rieke won the state championship in the 3200m run, 1600m run and the 800m run. The girls on the team were Sara Port, Melissa Port, Emilie Moroshead and Rachel Rieke.

The boys also had a successful season. They were comprised mostly of freshman and sophomores. Throughout the year they consistently improved and reached new personal goals. I believe that the boys team can be at the top of the CTL in the years to come if they dedicate themselves to hard work and improvement as they did this year. Collin Smith qualified for state in the Pole Vault. The most encouraging thing about this year's team is the closeness that they developed and the fun they experienced by being on the team. Thirteen of thirty freshman records were set by this year's group. The future is bright indeed for Cascade Track and Field. Thanks for the memories.

Coach Dan Roche.
Golf 1993

Suzie Wendlandt showing off that form that got her to state.

John Spencer looking for a long drive off tee number 1.

Nate Renberg fineses one in to give him a par.

1993 was kind of a disappointing year for the golf team. The majority of the team was young and inexperienced and some of that showed through. So as far as a team effort went no trophies were brought home and no titles earned. But there was some individual success. Sophomore Suzie Wendlandt in her second year as the girls #1 varsity golfer took 3rd place at the district tournament at Chelan with a personal best 98 for 18 holes. She then proceeded to place 22nd at the state tournament with a 108. Overall though, it was another successful year as far as laughing, relaxing, and just having fun at the course with plenty of bad jokes and junk food.
CASCADE COMICBOOK CLUB FROM LEFT TO RIGHT: ADVISOR DAN McCONNELL, FRANK GONZALEZ, BRYAN BECKLEY, DEAN BARKER, IAN IRELAN, MATT LEE, AARON McCONNELL AND TODD FURMAN.

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