Congratulations to Chris Ortiz, our January “Catch Me at My Best!” Winner. Chris won the drawing. However, we had our biggest month as far as nominations. Also nominated this month: Dante Atkins, Taylor Burrus, Chan Ferry, Juan Mora, Amber Vandegraft, and Gabe Wulfman. Each of these students received a Dutch Brothers card for a free drink!

FIRST SEMESTER ACADEMIC AWARDS

On Friday, February 2nd, from 9 to 10am Cascade HS staff will be recognizing students from their classes for a variety of reasons including Academic Excellence, Thinking Outside the Box, Preservice, Kindness and Improvement. On Tuesday, January 30th a phone caller and email will be sent to the homes of students who will be receiving recognition.

A Big Congratulations to Colby West and Jose Valdez on being named the December Scholar-Athletes of the Month.

Colby West is a student-athlete that all teachers and coaches wish they could have. Coach Lewman described Colby as, "A dedicated, knowledgeable, leader on and off the court." Colby is taking difficult classes such as Calculus for college credit through UW and Cornerstone Physics this semester. Even with these difficult classes, it has not slowed her down as she has straight A's so far this semester. Mr. Massey said, "Colby is an awesome student and is great fun to have in class. In Physics and Calculus, she works hard to master the material, and works equally hard helping other students she is working with. Colby stands out by the way she takes responsibility for her learning - she knows if she does not grasp something fully, and her satisfaction when she gets it, which she always does, is palpable.

When it comes to Jose Valdez being in the classroom or on the court, there is no change when it comes to his approach. He is competitive and is going to work hard and push to be the best at it. Coach Paul Fraker said, "Jose is an extremely gifted athlete. Jose is very versatile on both ends of the court. Often times he is asked to guard the quickest player on the other team or the tallest player in the same game. He is undersized as a forward on our team, but he continues to find ways to contribute on the offensive end of the floor with his passing and physical play." When Jose isn't playing basketball, he is diligently working on his classes such as AP Advanced Biology and Calculus for college credit through UW.

DECA is excited to announce they are sponsoring a Father/Daughter Dance on Saturday, January 27th from 5 to 8:30 pm! Grades are preschool to 5th grade. $30 at the door for father/daughter, and $5 for additional daughters. There will be music, games, refreshments and photo booth available!

GRIZZLED OLD MEN vs CHS SENIORS BASKETBALL and MR KODIAK COMPETITION

Hello all of you Kodiak fans! G.O.M vs SENIORS BASKETBALL and MR KODIAK PAGENT are two wonderful evenings of fun, laughs and family entertainment that are also fundraisers for Senior Sober. DATES are February 12th for the basketball game and March 5th for Mr. Kodiak. Make sure to put BOTH these dates on your calendars and join us!

SPRING SPORTS start on Feb 26, 2018. Make sure to get all your on-line FamilyID paperwork in and check to that your physical is up to date.
FROM THE CHS CAREER CENTER:

We had a GREAT turnout at our annual One Stop Shop Scholarship night. Many of our scholarship representatives commented on the professionalism of our students. With that said, just a friendly reminder that there are MANY scholarship applications available and to contact Katie Schmitten in the Career Center with any questions, especially as deadlines are quickly approaching.

Mrs. Schmitten will also be hosting a Tips & Pointers Scholarship Workshop for interested seniors in February. The workshop will include how to successfully complete an application, how to organize and not become overwhelmed, learning the pros and cons of student loan debt and how to build effective resumes. Date and time to be determined so keep listening to the Daily Bulletin and checking out the Cascade HS webpage under Career Counseling Department.

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Scheduling for the 2018-2019 School Year will take place the first full week of March 2018. As you begin assisting your student(s) with their future courses, we want to remind you about our College in the High School, which are offered through various Colleges across the State.

**COLLEGE IN THE HIGH SCHOOL**

Did you know that CHS students could earn college credits from Wenatchee Valley College, Eastern Washington University, Central Washington and University of Washington? Courses Offered are:

**CENTRAL WA UNIVERSITY Agreements**
- Cornerstone Astronomy (Physics 101) 5 credits
- Cornerstone Physics (Physics 111/111L) 5 credits
- Cornerstone Biology (Biology 101) 5 credits
- Cornerstone English 3 (English 101) 4 credits
- Cornerstone English 3+ (English 102) 4 credits
- Cornerstone English 4 (English 105) 5 credits

**EASTERN WA UNIVERSITY Agreements**
- US History - 5 credits

**WENATECHEE VALLEY COLLEGE Agreements**
- Digital Communications – 5 credits
- Multi-Media – 5 credits
- Child Development – 5 credits
- Child Development II – 2 credits

**UNIVERSITY of WASHINGTON Agreements**
- Pre-Calculus - 5 credits
- Calculus I – 5 credits
- Calculus II – 5 credits

**ADVANCED PLACEMENT:**
- AP, AP Art, AP Biology

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**CASCADE HS CALENDAR**

- CHS BASKETBALL GAMES HOME w/Cashmere – 1/26
- CHS BASKETBALL GAMES HOME w/ Okanogan – 2/2
- WRESTLING DISTRICT 6 @ Omak – 2/3
- KNOWLEDGE BOWL COMPETITION @ Moses Lake – 2/5
- LATE START WEDNESDAY – 2/7
- SPEECH & DEBATE COMPETITION @ Yakima – 2/10
- CHS WRESTLING REGIONAL TOURNAMENT – 2/10
- KNOWLEDGE BOWL COMPETITION @Wenatchee – 2/12
- SRS vs GRIZZLED OLD MEN BASKETBALL GAME – 2/12
- LATE START WEDNESDAY – 2/14
- WRESTLING STATE @ Tacoma – 2/16 & 2/17
- SPEECH & DEBATE REIONGALS @ Yakima – 2/17
- PRESIDENT’S DAY – NO SCHOOL – 2/19
- WINTER BREAK – NO SCHOOL – 2/20 thru 2/23
- SPRING SPORTS PRACTICES BEGIN – 2/26
- KNOWLEDGE BOWL REGIONALS @ Wenatchee – 2/26
- CHS WINTER SPORTS AWARDS NIGHT @ 5pm – 3/4
- MR KODIAK PAGENT @ 7pm - CHS COMMONS – 3/5