Cascade School District Office
Superintendent: Tracey Beckendorf-Edou 548-5885

Cascade High School 548-5277
Principal: Elia Ala’ilima-Daley  Assistant Principal: Rudy Joya
Counselor: Ashley Bartanen  Career Counselor: Sarah Applegate
Intervention Specialist: Brooks Murphy
Special Education Casemanagers: Jessi Klancke & TBD

Icicle River Middle School 548-4042
Principal: Mike Janski
Counselor: Thomas Tilton  Dean of Students: Brett Johnson
Special Education Casemanagers: Becca Fritz & Sheila Hove

Alpine Lakes Elementary & Beaver Valley 548-5839
Principal: Kenny Renner-Singer
Counselors: Becky Wilkinson (Alpine Lakes) & Thomas Tilton (Beaver Valley)
Special Education Casemanagers: Madeline Praye & Jessica Bengston

Peshastin-Dryden Elementary 548-5832
Principal: Emily Ross  Counselor: Becky Wilkinson
Special Education Casemanager: Peggy Kinnear

Cascade School District Special Services
Special Education Director: Brett Johnson 548-4042
School Psychologist: Tyler Cox 548-4042
Federal Programs Secretary: Maren Cagle 548-4004
Speech Language Pathologist: Megan Christie  Physical Therapist: Stephanie Astell
Cascade School Nurses: Shelly Zehm & Kesha Milne  All Cascade Schools
Early Childhood Program Teacher: Lindsay Camp 888-7761
CSD Transportation Department Director: Tim Bentz 548-6039
CSD Emails-- Initial of First Name Last Name@cascadesd.org i.e. (bjohnson@cascadesd.org)

EMERGENCY CONTACTS: Any Emergency 911
Designated Mental Health Providers (DMHPs): Suicide Prevention/Risk Assessments
Chelan-Douglas County DMHP Catholic Family & Child Services 888-2118
Agency’s Main DMHP Contact Eric Skansgard
Crisis Line (24 hrs) 662-7105
Chelan-Douglas RSN Mental Health Crisis Lines 1-800-852-2923
 Suicide Prevention 1-800-273-TALK (8255)
Wenatchee DCFS 1-800-562-5624 CPS for Eastern WA 1-800-557-9671

Chelan County Juvenile Justice Resources
Safety Resource Officer: Mike Morrison 663-9911
Youth at Risk Petition: Mireya Guiterrez 667-6350
Juvenile Center Manager: Corey Stephens 667-6647
Probation Officers: Narda Ponce 667-6350
LOCAL RESOURCES

HEALTH CARE PROVIDERS/AGENCIES/COUNSELING RESOURCES:
SAGE/Domestic/Sexual Violence Center (24hrs) 663-7446
   Therapist that serves CSD: Maile Davelaar
   Teen Text Hot Line 669-9652
Catholic Family Services 662-6761
Children’s Home Society 663-0034
   Therapist that serves CSD: Courtney Taylor
WISe Program Supervisor: Blake Suzelis
Columbia Valley Community Health (adults & youth) 662-6000
   Therapist that serves CSD: Jennifer Willett LMHC
Confluence Health 663-8711
   Behavioral Health Clinic
   Developmental & Behavioral Pediatrician: Petra Swidler
Strength of Life Counseling 888-4866
The Ripple Foundation 548-8109
‘Ohana Occupational Therapy 699-0214
Mt. Stuart Physical Therapy 548-3133
Treehouse Therapy 357-9593
Leavenworth Family Naturopathic Medicine 881-0722
Cascade Medical Center
   Emergency Room & Admitting 548-5815
   Maxwell Moholy, Licensed Clinical Psychologist 548-3420
   Katie Walker, Clinical Social Worker 548-3420
   Physical, Speech, and Occupational Therapy 548-3421

PRIVATE COUNSELORS/HEALTH CARE PROVIDERS:
Susan Dodge 548-5298 Stacey Barnhill 881-1772
Lori Van Lith 667-7790 Thomas Rowe 663-6828
Julie Broxson 663-3304 Lynn Madsen 663-2880
Maile Davelaar 676-6009

CHEMICAL DEPENDENCY RESOURCES:
The Center for Alcohol & Drug Treatment (pp & coupons) 327 Okanagon 662-9673
New Hope Recovery 238 N. Chelan Ave 293-7724
Shipowick-Smith Counseling (insurance & credit cards) 326 N. Miller 667-0679

RESOURCES/WEBSITES:
Suicide Prevention: http://www.suicidepreventionlifeline.org/
Cascade School District: http://cascadesd.org/
Crisis Management/Student/Family Support: http://www.cmionline.org/
https://www.psychologytoday.com/us/therapists/wa/wenatchee
http://www.ncwhb.org/mental-health-services/
Disability information: http://www.wsasp.net/dislinks.html
Teen/adult support: http://theteenline.org/
LOCAL PROGRAMS & SERVICES:

**The Community Cupboard:** Formed as a food bank by local churches in 1983, the Community Cupboard has grown both in size and services over the years. Currently located in a space donated by the City of Leavenworth, the Cupboard now includes a food bank, thrift store, and Emergency Family Assistance services. Location: 219 14th Street Leavenworth Phone: 509-548-6727

**Upper Valley Mend:** MEND stands for Meeting Each Need with Dignity. We are an independent human service organization dedicated to meeting the basic health, housing and hunger needs of residents and transients in the Upper Wenatchee Valley. Our goal is to meet these basic needs in a way that respects the integrity and dignity of each person. Location: 347 Division St. Leavenworth WA 98826 Phone: (509)548-0408

**The Upper Valley Free Clinic:** Provides free medical care and dental consultation at the Cascade Medical Center in Leavenworth. No appointment is necessary and patients are seen on a first-come, first-serve basis. Major dental work, including dental surgery, is not done at the free clinic, but patients can be referred to local partner dentists. The cost of care with partner dentists may be subsidized depending on the patient's income and specific situation. Hours: 6:30 - 8pm on Mondays Location: Cascade Medical Center, 817 Commercial Street

**Cascade Medical Center’s Financial Assistance:** CMC’s program can help reduce or eliminate medical bills for patients who meet income criteria, even if they have insurance. Discounts are applied on a sliding scale for patients who earn a household income of up to 250 percent of the federal poverty level. Applications are available in both English and Spanish on Cascade Medical’s website, [www.cascademedical.org](http://www.cascademedical.org). If you think you may be eligible for Medicare, Medicaid or other government or community programs, an insurance navigator at Cascade Medical can help you get started. Call CMC’s staff at 509-548-3436 for details.

**Cornerstone Community** - Mission Statement: To provide a loving home and gathering place for people with developmental disabilities. Cornerstone Community is a home for six adults with developmental disabilities. Location: 12125 Detillion Road  (509) 888-3311

**Tierra Learning Center** – Trails Program, Coyote House, & Mountain Sprouts Daycare TRAILS is a program based in a beautiful natural setting that offers opportunities to fully immerse ourselves in both our environment and our community. TRAILS Recreational Arts component encompasses fun and engaging activities that build self-esteem, self-awareness, teamwork, trust and self-expression. Our Independent Life Skills component includes a focus on pre-vocational training, service, meaningful work opportunities, and life skills practice. Location: Tierra Village 11864 Sunitsch Canyon Road  509 548-1200 ext. 5

**Upper Valley Connection** - Envisioning communities that embrace and provide life-long support for specially-abled individuals and their families by providing an environment that cultivates compassion in which all people are seen, heard, and loved for their unique gifts. Activities include: Soccer, Baseball, Basketball, Cross Country Skiing, Social Outings, Theatre Camp & More!!!

For more info contact: Maren Cagle Phone: (509) 888-4181   Email: [uppervalleyconnection@gmail.com](mailto:uppervalleyconnection@gmail.com)