



COOPERATION

Kindergarten Family Connection

PurposeFULL
People

Overview

This month's focus is Cooperation. One way to think about Cooperation is "working together to reach shared goals." As a family, talk about how this definition applies to how you work together at home. What are some goals you share?

Cooperation is 1 of 3 traits we will focus on throughout the year that helps students Be Kind. Throughout the school, students will be developing skills like perspective-taking, conflict resolution, and leadership.

In The Classroom

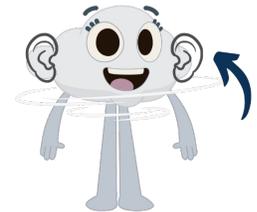
Listening to others is an important life skill - and it takes practice! In Kindergarten, we are focusing on listening skills this month. Being a good listener is also an important way to grow in Cooperation with others.

We will learn and practice these Whole Body Listening strategies at school. Try them at home with your student!

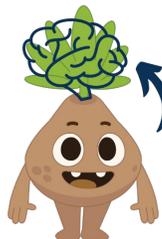
1. Eyes are watching (point to your eyes)
2. Ears are listening (cup your ears)
3. Brain is focused (point to your brain)
4. Heart is caring (put your hand on your heart)



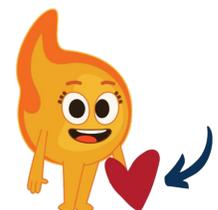
Eyes are watching



Ears are listening



Brain is focused



Heart is caring

Conversation Starters



- Can you share or show what Cooperation means?
- Why do you think it is important to use Whole Body Listening when practicing Cooperation?



COOPERATION

PurposeFull Pursuits

PurposeFULL
People

Have some fun connecting as a family this month while practicing Cooperation. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

Pursuit #1

This week, plan a time where everyone needs to work together to accomplish a shared goal like cleaning up the space you live in or making a meal together. Make sure everyone has a role to play with specific tasks. When the project is complete, discuss and celebrate how each person's part was important to the end result.

Pursuit #2

Review Cooperation as a family! Search through your cupboards for some board games your family has not played in a while, or grab a deck of cards for a simple game of Go Fish. Pop some popcorn and have fun playing together! Look for moments of Cooperation that you can point out.

For example:

- Choosing which game to play
- Handling wins and losses
- Choosing who gets to go first
- Working together to solve a problem



Pursuit #3

Find a time to sit in a circle together and celebrate all the ways you have seen each other practice Cooperation. Take turns sharing responses to the following prompts or make up your own! Remember to practice Cooperation as you take turns and listen to each other.

Celebration Prompts:



- What family member(s) do you want to celebrate for their Cooperation this month?
- Share how you practiced Whole Body Listening this week.

